



## **Prosenjit Dolui, Temporary Teacher**

Department of Physical Education

Shree Agrasen Mahavidyalaya, Uttar Dinajpur, West Bengal, India

### **Specialization:**

- **Theory:** Sports Training, Health Education, Test & Measurement & Yoga
- **Practical:** Athletics, Basketball.

**Language Skill or Proficiency:** Bengali, Hindi, English.

### **Academic Qualifications:**

- Bachelor of Physical Education, Bankura Christian College, Burdwan University, 2016-2018.
- Master of Physical Education (M.P.Ed.), Burdwan University, 2018–2020, Secured First Class First.
- Post Graduate Diploma in Yoga Education, Ramakrishna Mission Sikshanamandira, University of Calcutta.
- One-Year Diploma in Inclusive Education, Netaji Subhas Open University.
- Computer Soft- Computer courses of Certificate (6 month) & Diploma (1 year).
- Certificate courses of FIRST AID.
- Certificate of Yoga Appreciation Programme Conducted by Yoga Certification Board Ministry of AYUSH, Govt. of India.

### **Additional Qualification:**

- Qualified District Technical Officials Exam 2021.
- The Yoga Certification Board under the volunteer certification of Yoga professionals Ministry of AYUSH, Govt. of India.
- Certificate courses NSNIS in Basketball from Patiala.
- Pre Level-1 Coaches Course Certificate from Athletics Federation of India (AFI).
- Qualified as a Football Referee.
- Qualified as a Kabaddi official.

### **Professional Experience & Community Work:**

- Working as a Guest Teacher in Shree Agrasen Mahavidyalaya at Uttar Dinajpur.
- Worked as an Assistant Professor in Model B.P.Ed College at Jalpaiguri.
- Worked as an Official Inter College Sports Burdwan' 2024.
- Worked as an Official Chakra Sports Competition, Khanakul.
- Worked as a PE teacher at Shemford Futuristic School, Burdwan.
- Worked as an Official 67<sup>th</sup> West Bengal State School Games' 2023.
- Professional Membership: Physical Education Foundation of India (PEFI).
- Served as official Athletics at school/college/district/ State level competitions.
- Served as Practical External Examiner and Question Paper Setter for the University of Gour Banga (Physical Education).
- Served as official Athletics at school/college/district/ State level competitions.

### **Award and Prize**

- Master of Physical Education from Burdwan University and secured “First Class First” (Gold Medalist).
- UGC-SET (State Eligibility Test) in Physical Education, West Bengal College Service Commission.

### **Publication and Academic Participation:**

- Effect of Step-up, Dands and Baithaks and Rope Skipping Exercise on Selected Physical Fitness Variables among Post-Graduate Physical Education Students. In: Trends of Development of Physical Education and 21st Century, 2020. ISBN: 978-93-89234-62-6.
- Effect of Pranayama on Corona Virus: A Review Study. In: Challenges and Trends of Development in the Field of Physical Education & Sports due to Covid-19 Pandemic, 12–13 September 2021. Organised by: Department of Physical Education, Chandrapur College; IQAC & NSS; Seva Bharati Mahavidyalaya; and Physical Education Foundation of India (PEFI). ISBN: 978-1-716-04777-0.
- Menopausal Status of Rural & Urban Women: A Review Study. In: Challenges and Trends of Development in the Field of Physical Education & Sports due to Covid-19 Pandemic, 12–13 September 2021. Organised by: Department of Physical Education, Chandrapur College; IQAC & NSS; Seva Bharati Mahavidyalaya; and Physical Education Foundation of India (PEFI). ISBN: 978-1-716-04777-0.
- Status of Women Soccer Players in Post-Independent Period in India: A Review Study. In: International Conference on Advances in Women Empowerment, Language Studies & Social Sciences – 2022, held on 16–17 March 2022. Organised by: International Multidisciplinary Research Foundation, Institute of Higher Education & Research, India. ISBN: 978-93-90146-31-4.

### **Presentation and Participation:**

- “Influential Factor of Anthropometrical Measurement and Co-ordinative Abilities on Speed Performance”, organised by Physical Education Foundation of India (PEFI) in collaboration with Mahishadal Swimming Club, National Anti-Doping Agency (NADA) and Panskura Banamali College, Purba Medinipur, held on 21 March 2020.

### **Sports & Games Achievement:**

- Achieved First Position (District Level) in Handball as a player of M.C. Club, Bankura.
- Champion – Inter-College Basketball Tournament (2020), The University of Burdwan.
- Participated in State Handball League (Men & Women) – 2020, organised by Nadia District Handball Association, representing Bankura District.